

Information For the User
Paracetamol 325mg + Phenylephrine 5mg + CPM 2mg

Coldstave Plus Tablet

INFORMATION FOR THE USE

Coldstave Plus Tablet

Paracetamol 325mg + Phenylephrine 5mg + Chlorpheniramine Maleate (CPM) 2mg Tablets

Description:

Coldstave Plus Tablet is a combination medication used to treat symptoms associated with the common cold, flu, and allergic rhinitis. It offers antipyretic, decongestant, and antihistaminic properties, relieving nasal congestion, fever, sneezing, runny nose, and watery eyes. The balanced formulation provides multi-symptom relief, making it effective in acute cold and upper respiratory tract infections.

Composition:

(Each tablet contains)

- **Paracetamol:** 325mg
- **Phenylephrine Hydrochloride:** 5mg
- **Chlorpheniramine Maleate (CPM):** 2mg

Indications:

Coldstave Plus Tablet is indicated for:

1. **Common Cold:** Reduces symptoms like runny nose, congestion, and sneezing.
2. **Allergic Rhinitis:** Provides relief from nasal and ocular symptoms due to allergies.
3. **Flu and Fever:** Controls fever and associated discomfort.
4. **Sinusitis:** Helps relieve sinus congestion and headache.

Mechanism of Action:

- **Paracetamol:** An analgesic and antipyretic that reduces fever and provides relief from minor aches and pains.
- **Phenylephrine:** A sympathomimetic decongestant that shrinks blood vessels in the nasal passages, helping relieve nasal congestion.
- **Chlorpheniramine Maleate:** A first-generation antihistamine that reduces allergy symptoms such as sneezing, watery eyes, and itching.

Dosage and Administration:

- **Adults:** 1 tablet every 6 to 8 hours, not exceeding 4 doses in 24 hours.
- **Administration:** Oral, with or without food.
- Dosage should be as directed by a healthcare professional.

Side Effects:

- **Common:** Drowsiness, dizziness, dry mouth, nausea.
- **Less Common:** Palpitations, restlessness, increased blood pressure.
- **Rare:** Allergic reactions, skin rash, or breathing difficulty.

Precautions:

1. **Drowsiness Warning:** May cause drowsiness; avoid driving or operating machinery.
2. **Hypertension:** Use cautiously in patients with high blood pressure due to Phenylephrine.
3. **Pregnancy and Lactation:** Consult a healthcare provider before use.
4. **Alcohol:** Avoid alcohol consumption as it may enhance drowsiness.
5. **Liver Function:** Use with caution in patients with hepatic impairment due to Paracetamol content.

Storage:

- Store at room temperature, below 30°C.
- Protect from moisture and direct sunlight.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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